

COMMUNITY CONNECTION

A NEWSLETTER FOR FRIENDS OF EVANSVILLE STATE HOSPITAL

EXPERIENTIAL PLAY THERAPY WORKSHOP

National speaker Dr. Gisela Schubach De Domenico will present an intensive five day workshop from September 12-16 at the hospital. Dr. Schubach De Domenico originated the developmentally based Sandtray-Worldplay and Dynamic Expressive Play Therapy Methods for children, adults, couples, families, and groups after conducting phenomenological research with children's use of sandtray in the early 1980's.

Participants will explore the basic principles of the expressive method of play therapy which will include presentations of both comparative and historical sandplay play therapies, their relationship to Sandtray-Worldplay and the vital role of human consciousness during the play therapy process. The dynamic values of therapist-client relationships are explored as well as use of "living language" to help clients explore and share their Worlds, and avoiding some of the pitfalls of interpreting the play. Examples of elemental and image play therapy sessions will be presented and participants will identify and practice the different play styles and patterns that emerge during the play therapy work of older children and adults. Participants will be provided a sandtray, sand, and images/miniatures of all types.

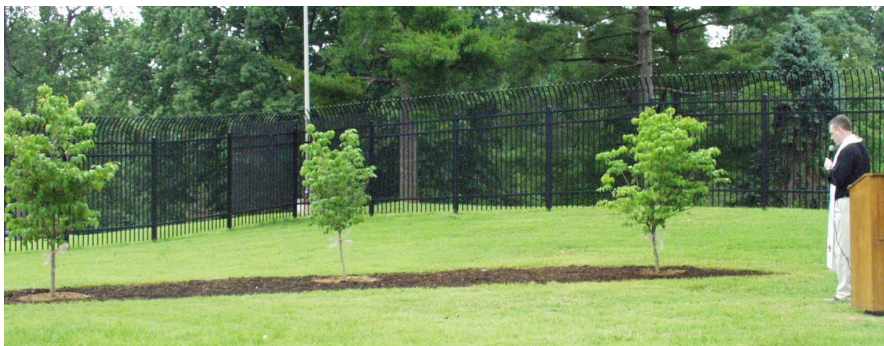
Reservations are required by July 29. Registration is open to hospital staff of state operated facilities. Local mental health agencies may also register for \$55.00 through Staff Development at 812-469-6800, ext. 4981.



DEDICATION IN MEMORY OF JERRY GLORE

Three Dogwood trees were donated and planted in the Activity Therapy Courtyard and dedicated in memory of Jerry Glore, Rehabilitation Therapist, who lost his battle to leukemia in April.

On the afternoon of May 27, patients and staff gathered in the courtyard along with family members to remember his life. Fr. Robert Giffin retold the children's story, The Giving Tree, and compared Jerry's compassion and service to others with the unwavering giving of the tree to the boy. The three trees were symbolic of the Trinity, the three crosses at the hill, and of faith, hope, and love. Patients and staff shared instances of Jerry's humor, musical talents, kind acts, and goodwill. Like the trees, Jerry's memory will remain in our hearts for years to come.



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PATIENT HIGHLIGHTS

QUARTERLY PROGRAMMING FILLED WITH SPECIAL EVENTS

Over the past quarter, patient programming consisted of several special events that involved community guests, educational workshops, and leisure fun.

In May, several patients attended a community presentation on Bipolar Disorder organized by St. Mary's Kempf Bipolar Wellness Center. They witnessed author and mental health advocate Terri Cheney's personal story of struggles while learning to cope with her mood disorder. Ms. Cheney is best known for her books "The Dark Side of Innocence: Growing Up Bipolar" and "Manic". ESH Therapists Melissa Ficklin and Haley Darr shared that the residents were grateful for the opportunity and encouraged by Ms. Cheney's story. Both felt our residents gained knowledge from the program that linked well with the interventions that are part of our residents' treatment plans and reinforced the idea of Hope & Recovery. This alternative approach to reintegration back into the community represents a best practice that will be utilized more in the future.



For a Saturday activity preceding this year's Indianapolis 500, a number of residents competed in a race of their own. Dubbed, the 'Mini' Indy, residents raced remote control cars around the sidewalks in the Solarium Courtyard to see who had the fastest car at the ESH Motor Speedway. Through each twist and turn, the competitors were challenged to keep to their lane and avoid collision. This year's race resulted in many champions. Afterwards, the champions were treated to a popular post race drink, an ice cold cup of milk (and some Oreo cookies as well!).

The Fourth of July holiday would not be complete without patriotic music, ice cream, and the retelling of our country's independence. The Old Fashioned Patriotic Celebration entwined all three for a special evening on July 5th. The residents in attendance displayed their patriotism by wearing red, white, and blue with five winners from each unit receiving \$10 Walmart gift cards for their exceptional attire. 11 hospital residents were recognized for their military service, serving in branches of the Army, Marines, Air Force, and Navy.



The audience was treated to a patriotic concert by the Old Dam Community Band.



Attending the Old Fashioned Patriotic Celebration were the Tri State Navy Mother's Club members.

Members of the Tri State Navy Mother's Club were guest presenters who reminded us of the significance of our flag and recounted the years in which each state was recognized with their independence. The Old Dam Community Band members came out in full force and impressed the audience with popular patriotic marches including the Marches of the Armed Forces. Everyone had a very nice time.

MEMORABLE TALENT SHOW



In June, residents put on a memorable talent show to please...and that it was! 18 acts provided for an evening of fun with a variety of individuals singing, reading poems they had written, playing guitar, playing the keyboard, and playing the harmonica. One participant even wrote the song performed. At various points between acts, there was comic relief by a talented joke-teller. A highlight of the evening was the jam session by several including rehabilitation therapy employee Bryan Adams. The 50+ crowd was in full support of all participants.

SWEET GUM DINER UP & RUNNING!



Stromboli's, turkey club sandwiches, cheeseburgers, onion rings, and French fries have been popular menu offerings on Fridays in May and June. Patient's feedback have been nothing but positive declared Terri Morris, Vocational Rehabilitation Director. One recent visitor was happy with her meal and recalled cooking for her family and working in restaurants. She said "It tastes good, something I'd like to prepare and cook at home". Another visitor to the Sweet Gum Diner responded with "very satisfying" after finishing her plate and dessert. Two Dietary employees are preparing the lunch meals as patients in Vocational Rehabilitation programs take orders, serve the food and drinks, and bus the tables. Wearing a maroon apron with the diner's name and logo, one young man expressed his desire to be an entrepreneur. "I would love to have my own business some day." He was eager to learn about the roles and responsibilities of various restaurant positions that would help him achieve his long-term goal.



"MINUTE TO WIN IT" FUN

Have you heard of Guy Ferraro? Employee Robert Jenkins mimicked the Minute to Win It emcee during activities on Friday, June 17. His assistant, rehabilitation therapy employee Marsha Howell, demonstrated each challenge to the audience that gathered in the gym. Participants were on the clock, trying to beat the 60 second requirement and fellow competitors.

Early on, C Unit team members breezed through the first few challenges, shaking gum balls and pasta down the joined neck of two plastic soda bottles, and blowing nine Styrofoam cups off a table. Other games included stacking four dice on a tongue depressor, stacking 10 cups in a pyramid and then taking them down, throwing toilet paper rolls through hula hoops seated in reverse of the hoops, and ringing three liter bottles with a hula hoop. One of the more difficult challenges had participants copying the walk of an elephant by swinging a ball suspended by pantyhose from their neck, knocking over an obstacle of water-filled liter bottles. The challenge that brought the most laughter was called Junk in the Trunk, as competitors wiggle their bottom torso to release ping pong balls from a tissue box.

Needs

- Willow Tree figurines
- Fitness radios with ear phones
- Small transistor radios
- Men's watches
- Summer t-shirts (Medium to 2XL)
- Men's scented personal care products (bath wash, deodorant, lotion, bar soap)



COMMUNITY CONNECTION is published every other month for friends of Evansville State Hospital. News items are welcome and should be submitted to the Community Services Office.

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WE'RE ON THE WEB!
WWW.IN.GOV

TEAMS OF SUPPORT FORMING



Deadline for the early bird discount for the **Komen Race for the Cure** is July 31. Save \$5.00 off the registration fee by going online at www.komenevansville.org. Join the Evansville State Hospital team led by team captain Shirley Martin. Support Evansville Komen for the Cure in their efforts with raising funding for research, education, screening and treatment programs. Be Involved! Keep the Promise! Sign up today for the 14th annual race on Saturday, September 24 in Downtown Evansville.

Mental Health America is looking for car clubs and organizational teams to participate in **"Ride for Recovery"** on Sunday, August 21. The 3rd benefit ride from Newburgh to Princeton will feature a scenic 85 mile car drive to New Harmony, through Haubstadt, and ending at Toyota's Visitors Center. Pit stops, give-aways, and door prizes will make for an "amazing" ride. Registration cost per driver is \$20, additional rider \$10, and family package of \$50 for 4 or more in same vehicle. Cost includes lunch, music, souvenir shirt/button. Join the ESH team today and take the Sunday drive to do more for the 1 in 4 persons affected by mental disorders. Registration forms are available through Community Services or by calling the MHA office at 426-2640.



RETIRED.. "I have been blessed to have worked at the Evansville State Hospital for 36 years, 9 months and 11 days. To God be the glory for the things He has done!!! Thank each of you that I had the opportunity to work with, it was immensely enjoyable. Thank you, keep up the good work and God Bless!" Elizabeth M. Thomas

Welcome Nursing Employees!

Noah Childers	Eliot Colin
Kenisha Lowery	Sara Kelly
Jennifer Merkley	Lisa Sanner
Lindsey Nosko	Gena Snyder
Larry Pennell	Kristy Trinh
Janetta Skelton	
Randi Vanbibber	



Welcome

Volunteer Cyril Will

Goodbye



Rene Chung, Psychology
Belen Dorsett, Nursing Service
Alan Duran, Nursing Service
Linda Hadley, Beauty Shop
Tracey Harris, Nursing Service
David Mitchell, Nursing Service
Willie Mooney, Nursing Service
Stephanie Shrubbs, Nursing
Elizabeth Thomas, Cont. of Care
Dennis Williams, Security